



## CENTRAL AND SOUTHERN ASIA: WATER STRESS

The following map shows the level of water stress in the Central and Southern Asia region. The levels of water stress (none, low, medium, high, and critical) are determined by the Food and Agriculture Organization of the United Nations.

Overall, the Central and Southern Asia region experiences a high level of water stress. The northernmost region of this map, which covers Kazakhstan, experiences a low water stress level. Across the central swath of the region, spanning from India to Afghanistan, and covering Kyrgyzstan and Tajikistan, water stress reaches a medium level. In the easternmost part of the region, which encompasses Nepal, Bhutan, and Bangladesh, there is no water stress. The western part of the region has the highest level of water stress, including areas with both high and critical levels of water stress. This critical zone encompasses countries such as Pakistan, Turkmenistan, and Uzbekistan, indicating an urgent need for water resource management and conservation efforts in these areas.

More  
information  
in the audio  
track

